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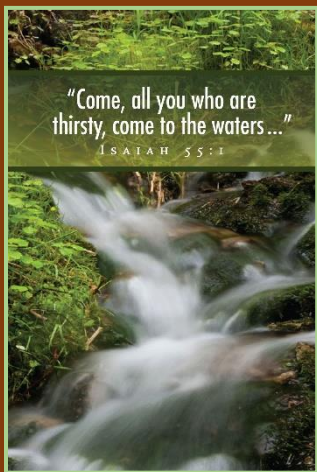
# The Trinity Tablet

The Trinity Tablet: Gepsie Cox, Co-Editor, Catina Evans, Co-Editor

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Rev. C. Michele Langston, Pastor

## Dates to Remember:

- Purple Heart Day, Aug 7<sup>th</sup>



## How deep is your faith?

Lyrics to the Bee Gees' 1970s hit song "How Deep Is Your Love" came to mind as I pondered the "depths" of my faith. Sometimes I prefer to stay securely in the shallow end, while other times I fearlessly launch off the diving board, ready and willing to be drenched by God's love.

If you've ever tried to coax young swimmers to jump into the deep end of a pool, you may remember their excitement (and relief) after they finally take the plunge into your arms. To experience that joy in your spiritual life, evaluate your location in your own faith "pool." Are you wading safely in the shallows or exploring the freedom of the depths? No matter where you're at, you can jump confidently into Jesus' outstretched arms. From the edge, hear his promises: "Jump in! I'll catch you! I'll keep you safe! Trust me!"

—Julie Lee

## A glimpse of grace

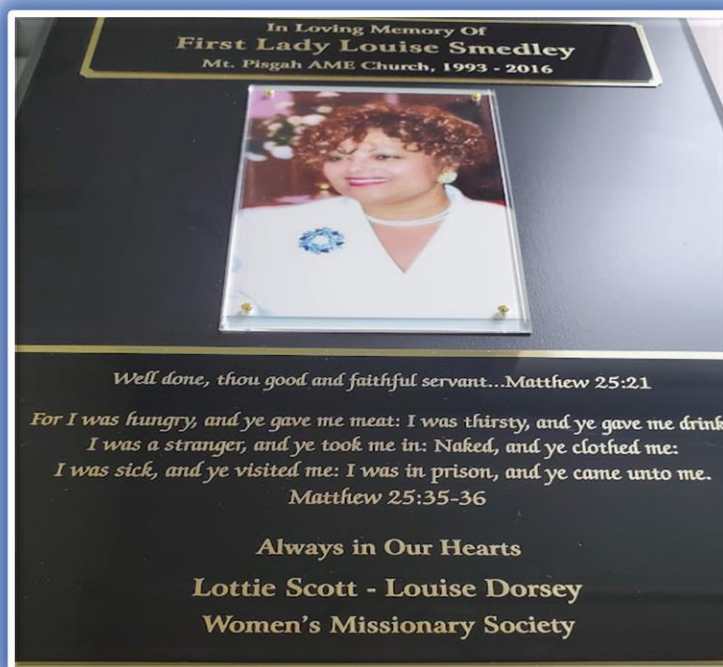
"Come, all you who are thirsty, come to the waters; and you who have no money, come, buy and eat!" (Isaiah 55:1, NIV). I thought of this verse when I read about a seven-acre farm in Atlanta where people can pick fruits and veggies straight off the trees and vines, like a fresh-air produce market but bigger — and all free!

The Food Forest at Browns Mill, located amid a "food desert" in a city where one-fourth of the population experiences food insecurity, offers 2,500 edible and medicinal plants for anyone in need. People take only what they can use, and volunteers harvest extras to distribute in the community. It's one of about 70 free-food forests in the United States. To me, it looks like a glimmer of God's kingdom.

Imagine a world where everyone's basic needs are met: food, clean water, shelter, clothing, health care, education, meaningful work, love — and the fulfillment of assisting and supporting one another. Isaiah envisions this reality coming true. Sometimes, even in our troubled world, we catch a glimpse of God's abundant grace, tangibly lavished on all. Even better, sometimes we're blessed with the privilege of helping it happen.

—Heidi Hyland Mann

President Liz Smithay, Sisters Cheryl, Sherreyl, and Tijuana, of the WMS presented Bruce Clopein, Volunteer Resource Manager and Sarah's House a plaque in memory of Sis. Louise Smedley for their years of commitment and dedicated service on July 14, 2021. Sarah's House is a supportive housing program with an array of services, supporting families experiencing homelessness in Anne Arundel County. The facility is located in Ft. Meade, MD. The WMS continues to support Sarah's House with gift cards donated by the Mt. Pisgah congregation.



# AUGUST



## BIRTHDAYS

|      |                     |      |                    |
|------|---------------------|------|--------------------|
| 8/2  | Treve London        | 8/16 | Carolyn Hatcher    |
| 8/3  | Nadia Anthony       | 8/17 | Kristin Corbin     |
| 8/3  | Lisa Stancil        | 8/18 | Christine Cuttino  |
| 8/4  | Jean Bayley         | 8/18 | Maisha Gillins     |
| 8/4  | Ernie Willis        | 8/18 | Trey Dixon         |
| 8/4  | Eddie Richburg      | 8/19 | J. Raye Harper     |
| 8/4  | Gabrielle Bacon     | 8/20 | Desiree Cross      |
| 8/5  | Loren Sills         | 8/20 | Lisa Ethridge      |
| 8/5  | Erika Tarver        | 8/21 | Wayne Staples      |
| 8/5  | Mykeia McFadden     | 8/21 | Gale Fleming       |
| 8/7  | Daniel Jordan       | 8/22 | Audrey Briscoe     |
| 8/10 | Shadora Little      | 8/26 | Shelia Rowe        |
| 8/12 | Vanessa Greene      | 8/26 | Lacey Jones        |
| 8/12 | Lindsay Kirkpatrick | 8/29 | Brandon Wallace    |
| 8/12 | Riley Gillins       | 8/31 | Joe Johnson        |
| 8/12 | Amel Robbins        | 8/31 | Jocelyn Kennedy    |
| 8/13 | Quincy Beckley      | 8/31 | Rev. Brian Wallace |
| 8/15 | Sean Kirkpatrick    |      |                    |

# AUGUST



## ANNIVERSARIES

|      |                            |
|------|----------------------------|
| 8/6  | Marcus & Loren Sills       |
| 8/7  | Ben & Shirley Green        |
| 8/16 | Ron & Angela Brade         |
| 8/18 | Darrell & Cheron Wicker    |
| 8/22 | Darian & Syrita Robbins    |
| 8/24 | Charles & Issie Jenkins    |
| 8/25 | Kathryn Valentine          |
| 8/27 | Jerome & Colleen Ratliffe  |
| 8/30 | Nathaniel Butcher          |
| 8/30 | Andre' & Michele Cornelius |
| 8/31 | Craig & Marla Talley       |
| 8/31 | Rodney & Felicia Ward      |



## Compete for the crown



The apostle Paul compares the Christian life to running a race for an imperishable crown.



**Directions:** From the starting line through the finish line, circle every third letter. Then place the circled letters in order in the blanks below to complete 1 Corinthians 9:24-25, NIV.

START

ctrejasucphelpomrxkibvztaejargiusonycw

iqsatexympsakogmzsjeubtneyehapidmrfo  
tegrbuanpicdnofihmneygjocsxrdpoetwkin

FINISH

"Do you not know that in a \_\_\_\_\_ all the runners run,  
but only one gets the \_\_\_\_\_? \_\_\_\_\_ in such a way  
as to get the prize. Everyone who \_\_\_\_\_ in  
the \_\_\_\_\_ goes into strict \_\_\_\_\_.  
They do it to get a crown that will not last, but we do  
it to get a \_\_\_\_\_ that will last forever."

1 CORINTHIANS 9:24-25, NIV

Answer: race, prize, run, competes, games, training, crown

# Puzzle!

After looking up each Bible passage, find and circle the location in the word search. (If a verse lists more than one place, figure out which one is hidden.) Answers can be found horizontally, vertically and diagonally.

Genesis 2:15  
Genesis 11:9  
Genesis 35:1  
Exodus 13:18  
Ruth 1:1  
1 Kings 18:19  
1 Chronicles 11:4  
Isaiah 23:1  
Isaiah 23:2  
Isaiah 23:3  
Jonah 1:2  
Matthew 3:6  
Matthew 4:18  
Matthew 26:36  
Luke 24:13  
John 2:1  
Acts 8:5  
Acts 11:22  
Acts 17:16  
Romans 1:15

S I D O N G N I L E S O  
J J O R A D A N R I V E R  
E S G A T B D R C A N I A M  
R A E T B D E C D A N E L F O  
U M T H E Y O M E A T H E L N G U  
S A H S N R F O M T H E I N A T  
A R S D E F A I E L N I A C  
L I E S R E A I E L N I A C  
M F A M D S U O H V L R  
G H N A R S U O H V L R  
I J E N O A S C E E L R  
T O W E R O B N F B A B E L



We're asking for your opinion on the Trinity Tablet. Please complete this short survey ([click here](#)).

?? ?
**Bible Quiz**
?? ?

What was the name of the queen who refused to appear before the king of Persia and his guests and, as a result, was deposed?

- A. Esther
- B. Jael
- C. Vashti
- D. Milcah

Answer: C (See Esther 1:12.)

**B**e still, and know I am God. (Psalm 46:10)

**A**ll things God works for the good. (Romans 8:28)

**C**ast all my anxiety on Him. (1 Peter 5:7)

**K**now whose I am! (1 John 3:1)

**T**rust in the Lord with all my heart. (Proverbs 3:5)

**O**pen my eyes to see the truth. (Psalm 119:18)

**S**how me your ways, Lord. (Psalm 25:4)

**C**reate in me a clean heart. (Psalm 51:10)

**H**e who is in me is greater... (1 John 4:4)

**O**bey the Lord my God. (Deut. 27:10)

**O**h Lord, you are my strength & shield. (Psalm 28:7)

**L**et love and faithfulness never leave me. (Proverbs 3:4)

HE HAS MADE  
**everything beautiful**  
IN ITS TIME.

ECCLESIASTES 3:11

Let your

**Faith be Bigger**

than your **Fear.**